

# HAWK TALK

Parents are invited to join us for a Hawk Talk with Constable Andrea Cain on October 10<sup>th</sup> from 6-7PM. Constable Cain will lead a discussion and field questions around internet safety and social media awareness. We will meet in Room 21. See you there!

## CALL BACK SYSTEM

If your child will not be at school or will be late, contact our office at 204-586-0327 or email [marie.jowitt@7oaks.org](mailto:marie.jowitt@7oaks.org) or [bonnie.pollreis@7oaks.org](mailto:bonnie.pollreis@7oaks.org). The office is open for phone calls between 7:45 am and 3:30 pm. If your child is absent and we have not been notified, you will be contacted to ensure your child is safe.

## BREAKFAST PROGRAM

ÉSOMS is offering breakfast every morning from 8:10 to 8:20 a.m. Breakfast is available to every student who needs to have breakfast at school. We offer a simple, nutritious menu of cereal, toast and fruit available free of charge from the canteen. Healthy eating is essential to learning. We are grateful that we can assist our students in starting their day with the nutrition and energy that they need to be engaged and successful.

## BIKE COMPOUND

Our bike compound, located between the gymnasium and computer door entrance, is to be used by students for safe storage of their bicycles. Do not lock your bike to the chainlink fence. Please utilize this bike compound as it is locked during school hours.

Open 8:00 a.m.

Closed 8:45 a.m.

Open 11:15 a.m.

Closed 12:30 p.m.

Open 3:00 p.m.

Closed 4:30 p.m.

If you arrive late please see the office or the custodian for access to the bike compound. Do not lock your bike in front of the school.

Heather Marks, Principal/Directrice  
800 Salter Street, Winnipeg, MB R2V 2E6  
[heather.marks@7oaks.org](mailto:heather.marks@7oaks.org)

Jamil Mian, Vice Principal/Directeur adjoint  
Phone: 204-586-0327 Fax:204- 589-0121  
[jamil.mian@7oaks.org](mailto:jamil.mian@7oaks.org)



The Power Positif group had its first meeting of the year at lunch on Thursday, September 28<sup>th</sup>. We had an amazing turn out with 45 students!

We will be starting the year with some We Scare Hunger work (connected to We Day).

We will be bringing in a speaker from Winnipeg Harvest to offer some education for the group and we plan to have a food drive at the school.

Other plans include:

- Attending We Day
- Planning a Spirit Week for the school
- Helping to plan and support a school dance
- Being community helpers
  - o We already lent a hand to our neighbor Victory School with a handful of our students.
  - o We're going to try to help community members with their raking and shoveling if they aren't able to do it themselves
- The GSA (Gay Straight Alliance) will be a subgroup of the Power Positif group this year
- Completing a film for the Red Cross Pink T-shirt day (anti-bullying)
- Bathroom Birdy (anonymous question and answer system for the students in the bathrooms)
- Going on a Winter Retreat to learn more about peer leadership and other ways to support ourselves, other students and our community

The group is always open to new students. We meet every Thursday at lunch.

The staff Power Positif staff include Jen Davis, Lindsay Brodeur, Steven Serzu, Becky Walter, Lori Morton, Tracey Cervantes and Holly Hunter.

# In the gym

## Physical Education Classes

Throughout the month of September students completed a volleyball unit and a soccer unit, as well as a number of fitness theme classes and low organized games.

Physical education classes will continue to take place outdoors, so please help remind your child to bring gym clothes that are suitable for the cold weather.

## Special Olympics

This year, the *In the School* Special Olympic program will consist of 4 different sports: basketball, snowshoeing, outdoor track and field and soccer. Coaches will be preparing our Special Olympic athletes for all of these events that are scheduled to take place throughout the year. The first event is basketball on November 14<sup>th</sup> at the University of Winnipeg.

## Extracurricular

Cross-country: Our Athletes have been training hard each Monday and Wednesday after school, and competed in their first race on September 29<sup>th</sup>. The next race is October 10<sup>th</sup> at Birds Hill Park. The season will come to an end on Thursday, October 19<sup>th</sup> with the 3<sup>rd</sup> race at Birds Hill Park. Thanks to Coach Hall and Coach Page for their efforts and congrats to each of our runners for their strong showings.

Volleyball: The volleyball season is in full swing. Teams have been practicing in preparation for their upcoming tournaments. Please refer to the school calendar on the website ([www.7oaks.org](http://www.7oaks.org)) for all team practice/ game times. This is each player's responsibility. The schedules can also be found on the gym calendar in the hallway by



# Music Notes

*Je ne perds jamais.  
Soit je gagne,  
soit j'apprends.*

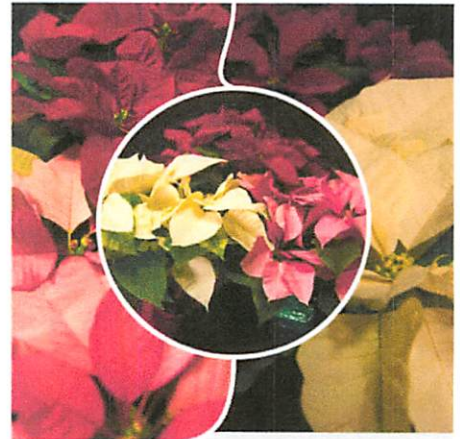
*-Nelson Mandela*

## Grade 6 Instruments go home this week!!

This week is an exciting week! We will be sending instruments home with all grade 6 band students at the end of the week. Parents, you should hear your young musician practicing for at least 10 minutes every day starting **this Friday**. Students, it is important to bring your instrument to every class and to practice every evening.

**Thank you to everyone who participated in our annual Show and Save Fundraising campaign!** The last possible chance to submit your money is **tomorrow @ 8:30am**. All books will be distributed by Tuesday, October 3rd.

**Our next fundraiser gets started this month!** Students will be selling Poinsettias and Holiday Swags through Lacoste Garden Centre. Poinsettias are available for \$25 each and Swags are available for \$30 each. This fundraiser will be ongoing until **Wednesday, November 8th**. Orders can be picked up in the ESOMS band room on **Thursday, December 14th**.



## Upcoming Dates:

- ★ November 22-24th: ChoralFest Manitoba (tbc)
- ★ Thursday, November 30th: Grade 7+8 Winter Concert @ 7pm in the ESOMS Gym.
- ★ Thursday, February 1st: Grade 6 Winter Concert @ 7pm in the ESOMS Gym.

We would like all to invite all parents and students to **Edmodo**. Students will be submitting assignments and tests through Edmodo this year. Parents will find important updates on Edmodo throughout the year. Please visit [www.edmodo.com](http://www.edmodo.com) and input the join codes below to keep up to date on all important band and choir information:



- ★ Grade 6 Band: 7zj2ai
- ★ Grade 6 Choir: 5muriv
- ★ Grade 7+8 Choir: ip74ay
- ★ Grade 7 Band: w6i4aj
- ★ Grade 7 Jazz: 38382k
- ★ Grade 8 Band: 68nq4t
- ★ Grade 8 Jazz: 62eeg2

Fiddle classes are in full swing, as well as Incredibows practices!

Just a reminder that the fiddle class trial period is now over, and all students currently on the fiddle class roster will remain there until the end of this year.

The 7Oaks Fiddlers group has begun practices, with the first meeting which happened on Thursday, September 28 in the fiddle room at ESOMS. This group is open to fiddle students from all SOSD schools. Practices are every Thursday from 3:30 - 5:30. The group will have a performance in January, and also on May 17, 2018, at West Kildonan Collegiate. For more information, please contact Mrs. Warner.





# Life and Learning at ESOMS

## La vie et l'apprentissage

### What Does It Take To Become A Writer?

#### Dave A. Robertson Encourages Students to Write to Create 'Social Change'

On Wednesday September 27/17, Mme. Friesen, and Mme. Desloges Gr. 6 students attended the 'Thin Air Writer's Festival', at the Manitoba Theatre for Young People, to hear a presentation from David A. Robertson, author of several graphic novels that help communicate to children, and adults of all ages issues that are important to him including: racism, cultural identity, and Residential School experiences. He shared his personal experiences growing up in River Heights-Winnipeg, as an Indigenous Youth, including being called 'burned toast' by other kids. He also explained that his writing comes from a passion to create 'Social Change', where previously accepted racial stereotypes, and attitudes can be undone through sharing stories through a 'visual-cartoon/graphic' novel medium. After the question and answer period, ÉSOMS was selected to receive one of his latest graphic novels, "Will I see?", to add to the school library. David signed copies of his graphic novels already owned by the school, and took pictures with students on stage after his presentation.





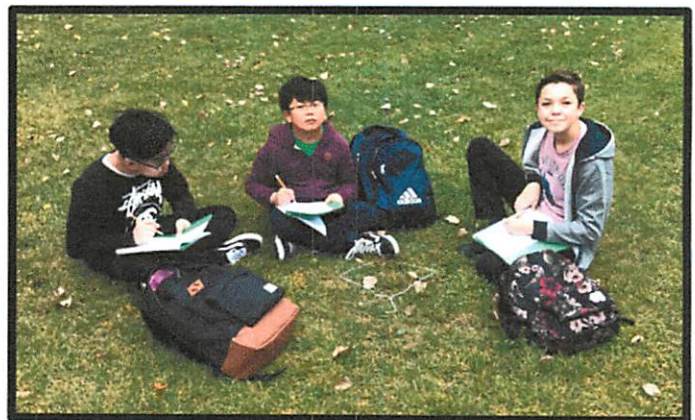
## Day in the Park

On Tuesday September 19<sup>th</sup> the grade 7 classes had a chance to get outside and go for a walk to Kildonan Park. When we got there the students did a number of science activities connected to what they had been learning about ecosystems.

We started the morning by looking at the vast diversity that exists in something as 'simple' as a park field. Students were put into small groups and given a section of land and told to sketch all of the biotic organisms and abiotic things within that space.

Next, the groups went on a scavenger hunt to find things such as "something fuzzy," "something geometric," "something round," etc. It was amazing to see how creative students got in finding things to fit these categories.

Overall, it was great to leave the four walls of the classroom and get a chance see what we had been learning about. It was made all the better because the weather decided to cooperate!



# October 2017

SUN	MON	TUE	WED	THUR	FRI	SAT
1	2 Day 2	3 Day 3	4 Day 4	5 Day 5	6 Day 6	7
8	9 Thanksgiving No Classes	10 Hawk Talk Parent Evening 6 – 7 pm Room 21	11 Day 2	12 Day 3	13 Day 4	14
15	16 Day 5 Divisional Day No Classes	17 Day 6 Picture Day	18 Day 1	19 Day 2	20 Day 3 MTS PD Day No Classes	21
22	23 Day 4	24 Day 5	25 Day 6 WE Day	26 Day 1	27 Day 2	28
29	30 Day 3 Picture Re-takes	31 Day 4		<b>IMPORTANT DATES – NOVEMBER</b> 3 – School PD – No classes 10 – Remembrance Day Assembly 21 – Student reports online 23 – Parent Conferences – evening 24 – Parent Conferences – No Classes 30 – Grade 7 & 8 Winter Concert		





Kildonan Youth Activity Centre (KYAC)

# OCTOBER 2017



Kildonan Youth Activity Centre

KYAC Program Coordinator: amy.wilson@7oaks.org OR (204)470-9460

<http://www.7oaks.org/Programs/KYAC/Pages/default.aspx>

## What is KYAC?

KYAC is a non-profit youth drop-in centre concerned with meeting the needs of youth, ages 8-17, in Seven Oaks School Division. Our drop-in programs offer a wide variety of activities ranging from low organized games, recreational sports, movie nights, guitar lessons, art classes and crafts.

## Programming Hours :

### Drop-in Gym Hours:

#### Edmund Partridge Community School (EP):

Monday, Wednesday and Friday 6-9pm

#### École Seven Oaks Middle School (ESOMS):

Tuesday and Thursday 6-9pm  
Saturday 12-5pm

### Structured Program Hours:

#### Governor Semple School:

Wednesdays 3:30-5:30pm

#### Forest Park School:

Thursdays 3:30-5:30pm

#### École Riverbend Community School:

Tuesdays 3:00-5:00pm

Fridays 6-9pm **(students from all schools welcome!)**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9 Thanksgiving NO KYAC	10	11	12	13	14
15	16 NO KYAC	17	18	19	20 NO KYAC	21 NO KYAC
22	23 Art Program Begins 6:15-7:45pm	24	25 Guitar Program Begins 6:15-7:45pm	26	27	28
29	30	31 				

## KYAC Fall Art and Guitar Programs (supplies provided- free of cost):

KYAC will once again be running art and guitar programs starting in October. Visit the KYAC website to register or for more info contact KYAC's Program Coordinator (info above).

**Art: Monday 6:15-7:45pm @ Edmund Partridge School in the Art Room.**

**Guitar: Wednesday 6:15-7:45 @ École Seven Oaks Middle School in the Band Room. (Please note, entrance for this program is through the Perth doors)**